



Spring Jan-May 2010

NEA Innovative Training Center

324 S Main Street (Downtown Rector)

Rector, AR 72461



Renovations in progress!

[www.neaitc.org](http://www.neaitc.org)

[www.rectorarkansas.com](http://www.rectorarkansas.com)

[www.greenecoutyitc.org](http://www.greenecoutyitc.org)

870 595 2300





# Schedule At-a-Glance



Most classes must have 8 to 10 to have the class so please sign up as soon as possible.  
If you want to request a class let us know and we will take sign ups for it!

## Personal Improvement

Course Title	Instructor	Dates	Time	Cost	Comments/Details
 Driver Safety Program	Earl Wooldridge	TBA Sign up Now!	1pm-5pm	\$10 for card	Contact ins comp for discounts. Open to <u>All AR and MO Drivers!</u> 10 people required.
BRTC Adult Education & GED Classes	Adult Education	1/22/10-5/11/10	8:30am-3:00 M & W 5:30-830pm T & R (Thurs)	Free	Covers Compass prep, reading, math, language. Specialty classes, computer literacy and Key Train.
Next Step Life Skills	Tracy Cobbs	Starts in April	6pm-8pm 3 nights per week	Donation or FREE to Public	Part of the Governors mentoring program and covers basics on resumes, applications, I-9, W-4, Budgeting, Parenting, support and more.

## Health & Fitness (Waiver required for gym and aerobics)

Course Title	Instructor	Dates	Time	Cost: Monthly	Comments
Aerobics & Strength Training (full body sculpting)	Barbie Terry	Monday-Friday 5:30 AM and 5PM	See printed schedule monthly	\$15 per month	Bring mat, water bottle and towel. Application and Waiver required.
Fitness Equipment Available NOW!	For Public Use	Currently Open Fees go to community development and are tax deductible!	When facility is open. Will be 24 hrs after renovations are completed!	\$20.00 per month One Visit \$5.00 \$10 w/ aerobics	Application and Waiver Required Fees are tax deductible
Tai Chi for Arthritis	Debbie Baker	Starts March 3rd 10 week program <b>Wed &amp; Friday's</b>	10am	\$10.00 per Person Facility Fee (Tax Deductable)	Participants will learn to manage their pain and stiffness through basic gentle movements to improve range of movement, flexibility and reduce pain and stiffness.
Eating Smart-Staying Active	Debbie Baker	Starts March 2nd 8 week program <b>Tues &amp; Thursday's</b>	10am-12pm	\$10.00 per Person Facility Fee (Tax Deductable)	Learn useful ways to eat healthy and save money, cook or watch cooking demos, try tasty, easy to prepare foods & learn fun ways to be more active. Receive take home information, cooking gadgets, healthy recipes and certificate of completion
Silver Sneakers Program	Barbie Terry	Coming Soon	TBA	TBA	Low impact, beginning classes
Karate	TBA	Coming Soon	Late afternoon	TBA	We are currently looking for instructors
Basic Line Dance	Theresa Pennington	Summer only 6-8 weeks	Late afternoon	\$59	Fun activity and great exercise!

## Business and Industry Classes

Course Title	Instructor	Dates	Time	Cost	Comments/Details
BRTC Adult Education Basic Computer Training	BRTC	Jan 12th T & R (Thurs)	4:00-6PM Also check Adult Ed times	FREE	Self paced basic computer literacy classes.
Intermediate Computer	Varies	Will start after basic computer	TBA	\$49	Will begin where the basic left off and move forward based on class
Customer Service Training <i>Great for any one in the service industry!</i>	Dana Bradford	Sign Up NOW for May	11:30-1pm M-R	\$60	Training on appropriate service behavior and customer satisfaction improvement.
Microsoft Office Beginning Word	To be Determined	Sign Up NOW for May	8:30-4:30	\$119	Includes book
Microsoft Office Inter/Adv Word	To be determined	Sign Up NOW for May	8:30-4:30	\$119	Includes book
Internet Searching & Basic Navigation	To be determined	Sign Up NOW for May	8:30-4:30	\$49	Basic Literacy Class
Email Processing & Basic Concepts	To be determined	Sign Up NOW for May	8:30-4:30	\$49	Basic Literacy class
CPR/1st Aid	Nita Bowden	TBA: As Needed	5-9pm subject to change	\$60	As needed, call to sign up now!
Census Testing	Frank Staples	Jan 13-? (W&R)	Call for times: 866 861 2010	Free	Pays more than \$10

## Music

Course Title	Instructor	Dates	Time	Cost: per session	Comments
Piano Lessons: class limit is 4 students per 1 hours session	Kenneth Renshaw (870) 215 8436 NEAITC 595 2300	As needed basic class Flexible Hours. Thursday Night 5PM	1 hour incre- ments	\$17.00 Space is limited, only two children per session	Day time hours are also available. Jacinda.welch@gmail.com for more information.
Guitar Lessons	Instructor Needed	TBA	TBA		Classes will be sched- uled based on SIGN UP!

## Kids College

Course Title	Instructor	Dates	Time	Cost for Week	Comments
BRTC Paragould Campus	Various	June 21-24th	7:30-12:30 M-Thurs	\$50 per child (ea additional in same household \$40)	Flyers received by schools every May. <a href="http://www.neaitc.org">www.neaitc.org</a>
Rector NEA Innovative Training Center	Various	July 5th-8th	7:30-12:30 M-Thurs	\$50 per child (ea additional in same household \$40)	Flyers received by schools every May. <a href="http://www.neaitc.org">www.neaitc.org</a>

# More Information about NEAITC

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The Northeast Arkansas Innovative Training Center along with partners Black River Technical College and Greene County Industrial Training Center will offer customized training for businesses and industries, personal improvement programs, adult education and health & fitness classes to adults and youth. We will have four schedules that will come out each year, Fall: July or August, Spring: December or January, Summer: May or June. Our hope is not only to raise money for the community fund to improve economic development but that you and the surrounding areas will benefit from the programs offered. *If you have a suggestion on a class you would like to have offered you may complete a community questionnaire at the training center or contact us at the numbers or email indicated.*

We hope that you enjoy and participate in the offerings. Remember that most funds received through the NEAITC are tax deductible and any support donations are appreciated.

Thank you for being a part of the community!

\*TBA (To Be Announced)/R (Thursday)/TBD (To Be Determined)

Mail or drop off applications & payments to NEAITC. (You will be able complete information online soon):

NEA Innovative Training Center  
324 S Main (Downtown Rector)  
Rector, AR 72461

Questions?

Contact Persons for Schedule:

Jacinda Welch 870-595-2300 or email  
Jacinda.welch@gmail.com